

Multivitamin EasySticks

Introduced 2017



What Is It?

Multivitamin EasySticks provide a multivitamin/mineral formula in a unique, great-tasting, direct delivery form for ages 2 through adult. This novel powder can be taken directly in the mouth without mixing and is lightly sweetened with xylitol, organic whole fruit blueberry, cherry and stevia leaf extract.

Special Features:

- Sprinkle directly in the mouth with no water or mixing needed
- Contains a comprehensive profile of bioavailable vitamins, chelated minerals and antioxidants
- Supports healthy methylation with choline and activated B vitamins, including pyridoxal-5-phosphate, riboflavin-5-phosphate and Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate*
- Offers vitamin B₁₂ as hydroxycobalamin
- Enhanced with blueberry and cherry; studies suggest that consumption of blueberries may help maintain brain health*
- Great-tasting, fruit-flavored powder

Uses for Multivitamin EasySticks

Daily Wellness: This once-daily formula supports optimal health with a comprehensive profile of bioavailable vitamins, chelated minerals and antioxidants. Specifically, it includes activated B vitamins and choline to support healthy methylation. Methylation plays many roles including neurotransmission, vitamin assimilation, DNA synthesis and gene regulation. These functions maintain cardiovascular function, cognition, emotional wellness and cellular defenses. Folate is offered in this formula as Metafolin® 5-methyltetrahydrofolate (5-MTHF), the universally metabolized and biologically active form of folate. Vitamin B₁₂ is offered as hydroxycobalamin, a precursor form of vitamin B₁₂ converted in the body to both methylcobalamin and adenosylcobalamin. This novel powder can be taken directly in the mouth without mixing and is lightly sweetened with xylitol, blueberry and cherry fruit, and stevia leaf extract. Studies suggest that consumption of blueberries may help maintain brain health.*

What Is The Source?

The nutrients found in Multivitamin EasySticks are derived from the following:

Vitamin A: synthetic

Vitamin C: corn dextrose fermentation

Vitamin D₃: cholesterol from wool fat (lanolin)

Vitamin E: purified soybean oil

Vitamin B₁ (thiamin HCl): synthetic

Vitamin B₂ (riboflavin): corn dextrose fermentation

Niacinamide: synthetic

Vitamin B₅ (calcium pantothenate): synthetic

Vitamin B₆ (pyridoxal HCl): synthetic

Vitamin B₁₂ (hydroxycobalamin): corn dextrose fermentation

Folate (Metafolin®, L-5-MTHF): synthetic

Biotin: synthetic

Choline: synthetic

Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

Citrate: corn dextrose fermentation

Glycinate: synthetic

Blueberry powder derived from organic *Vaccinium angustifolium* whole fruit

Cherry extract is derived from *Prunus spp.* fruit

Xylitol is derived from corn cob.

Citric acid is derived from corn dextrose fermentation.

There is no detectable GMO material in this product.

(continued)

Recommendations

Pure Encapsulations® recommends 1 stick pack daily, sprinkled directly in the mouth, with a meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Multivitamin EasySticks

each stick pack contains		v
calories	10	
total carbohydrate	2.5 g	
total sugars	0.5 g	
sugar alcohols	2 g	
vitamin A (as retinyl acetate)	300 mcg	
vitamin C (as ascorbic acid)	100 mg	
vitamin D (as cholecalciferol) (D ₃) (400 IU)	10 mcg	
vitamin E (as d-alpha tocopherol succinate)	10.1 mg	
thiamin (as thiamin HCl) (B ₁)	1.5 mg	
riboflavin (as vitamin B ₂ and 50% as riboflavin 5' phosphate (activated B ₂))	2 mg	
niacin (as niacinamide)	10 mg	
vitamin B ₆ (as pyridoxine HCl and 50% as pyridoxal 5' phosphate (activated B ₆))	2.8 mg	
folate (as Metafolin®, L-5-MTHF 300mcg)	500 mcg DFE	
vitamin B ₁₂ (as hydroxycobalamin)	5 mcg	
biotin	30 mcg	
pantothenic acid (as d-calcium pantothenate) (B ₅)	6 mg	
choline (as choline bitartrate)	10 mg	
calcium (as calcium citrate)	200 mg	
iodine (as potassium iodide)	75 mcg	
magnesium (as di-magnesium malate)	150 mg	
zinc (as zinc picolinate)	3 mg	
copper (as copper bis-glycinate)	200 mcg	
inositol	10 mg	
vitamin K ₂ (as menaquinone-7)	22.5 mcg	
blueberry (<i>Vaccinium angustifolium</i>) powder (fruit) (organic)	750 mg	
cherry (<i>Prunus spp.</i>) extract (fruit)	150 mg	
other ingredients:	xylitol, glycine, malic acid, citric acid, hypoallergenic plant fiber (cellulose), stevia leaf extract	
Serving size:	1 stick pack (approximately 6 g)	
Servings per container:	30	
	1 stick pack daily, sprinkled directly in the mouth, with a meal.	

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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