



Hook's Apothecary (Bio-Identical) Hormone Replacement Therapy Program

Step 1: Purchase Saliva Test Kit (\$130) and Obtain Hormone Packet.

The Saliva Test Kit will test for: Estradiol, Progesterone, DHEA, Testosterone, and AM Cortisol. The Hormone Packet contains information about bio-identical hormones as well as patient history forms (different from the form included with the saliva test kit) to be completed prior to your consultation. Your consultation should be scheduled at this time.

Step 2: Have a Consultation with Lisa (\$90 – covers initial and 6 month follow-up)

The results of your saliva test kit as well as your completed patient history forms will be reviewed during your initial consultation. Customized bio-identical hormone therapy and supplements will also be discussed. Please allow 30 minutes to 1 hour for your consultation.

Step 3: Lisa Makes a Recommendation to Your Doctor

A recommendation for your bio-identical hormones and a copy of your saliva test results will be sent to your doctor after your consultation. Once your doctor approves the prescription(s), they will be compounded and you will be called when they are ready for pick-up.

Step 4: Follow-ups

- After 3 and 6 months of using the bio-identical hormones, you will be sent a follow-up sheet to be completed and returned for tracking your progress.
- At your initial consultation, a 6-month follow-up will be scheduled. During this follow-up consult, your progress and the need for a follow-up saliva test (\$130) will be discussed.
- Any in-person follow-up consultations beyond the 6-month follow-up are available upon request at a rate of \$45 per half-hour.

The typical monthly cost for hormones is as follows:

One hormone - \$40

Two hormones - \$60

Three hormones - \$70

We do not base these prices on strength, dosage form, or frequency as changes are anticipated and expected when starting the program.

Please note, we do not file under any insurance. We will issue a claim form that can be submitted to your insurance for reimbursement. Feel free to check with your insurance to see how they handle compounded medications. Below are the NDC numbers of the active ingredients the insurance may need to verify if they will be able to reimburse you.

Estradiol	62991-1049-03	Progesterone	51927-3530-00
DHEA	51927-2960-00	Testosterone	51927-1027-00

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